

Adam Millington

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Personal Statement

I'm a Freelance Football Journalist from Manchester covering men's and women's football for multiple national, regional, and international publications.

I juggled studies – getting all A* equivalent at GCSE and A*AA at A Level – alongside a career which has taken me to major international tournaments, England games abroad, and regular newsroom shifts.

Work Experience

BBC Sport – Football Broadcast Journalist (Freelance). April 2022-present

- I write live blogs, produce match reports, write features and cover news for the BBC Sport website.
- Experience working in a newsroom environment, pitching ideas to editors and working on busy weekends.
- Regularly lead Women's Football live text commentator.

Freelance Football Writer – October 2019-present

- Covered the 2023 Women's World Cup 2022 Women's Euros on location, Lionesses games at home and abroad, the WSL and Women's FA Cup finals as well as Manchester City's 2022 Premier League title and many other Premier league matches.
- Write women's football colour pieces of around 1,000 words in length for the Independent. Also work regularly for the i and PA Media.
- Stringer for Reuters, previously filling in with UK reporting duties after Sports News Correspondent's departure.
- Bylined in The Times, Sporting Life, all Reach PLC nationals, The Sun, Sydney Morning Herald, Morning Star and many others.

Reach PLC – Women's Football Writer – December 2020-May 2021

- Started with Reach at the age of 16. Covered women's football on a freelance basis for all regional titles.
- Worked alongside an editor in regular weekly shifts.
- Reach's freelance women's football coverage ended after the 2020-21 season.

Education and qualifications

Durham University:

2024-2027: BA Philosophy, Politics and Economics

Oldham Hulme Grammar School

2021-2023: A Level: A*AA (Economics, Politics, Maths) and an A* Extended Project

2017:2021: GCSE: Eight Grade 9s and Two Grade 8s (all A* equivalent)